

## **NTU Alumni Homecoming 2024**

### Rules and Regulations for Sports Fiesta

**Event Date:** 19 October 2024

**Event Time:** 12.00 pm - 3.00 pm

All participants should follow each sport's rules and regulations outlined below. Otherwise, disqualification or other penalties may be imposed by the event officials.

#### **Badminton** (Open Doubles – Men's Doubles, Women's Doubles, or Mixed Doubles)

- a) Teams for Open Doubles can be formed by Male or Female players.
- b) The age requirement for all players is 18 years and above.

##### 1.1. Format:

- The competition is open to all participants who have registered.
- Matches will be played in an open doubles format, with two players per team.

##### 1.2. Match Play:

- Single Knock Out.
- Best of 1 Game of 21 points with setting up to 30 points.
- Handicap Rule: If a team has female player(s), a 4-point handicap lead for each female player will be awarded to the team at the start of the match.
- Semi-finals and finals:
  - A three-game two-win system is used, and the first team to reach 21 points wins. When the two sides are tied at 20 points, the team that leads the other by 2 points wins the game. When both sides are tied at 29 points, the team that reaches 30 points first wins the game. Depending on the schedule, the 21-point cap system is retained.

##### 1.3. Service Rules:

- The serve must be executed underhand and below the server's waist.
- Players must alternate service turns between teams.

##### 1.4. Equipment:

- Participants are required to bring their badminton rackets.
- The organisers will provide shuttlecocks.

##### 1.5. Conduct and Fair Play:

- All players are expected to adhere to principles of fair play and respect towards opponents and referees.

- Unsportsmanlike behaviour, including but not limited to verbal abuse, intentional foul play, or arguing with officials, may result in penalties or disqualification.

#### 1.6. Referee Decisions:

- All decisions made by the referees are final and binding. Appeals or disputes will not be entertained.
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### **Bike Spinning Challenge** (Inter-school Challenge)

#### 2.1. Challenge Format:

- This is an endurance challenge where the team that covers the longest distance within 2 hours will be declared the winner.
- Each team can have a minimum of 1 participant to a maximum of 10 participants.

#### 2.2. Participation and Rotation:

- Teams are allowed to change cyclists as many times as they wish during the 2-hour challenge period.

#### 2.3. Equipment:

- The organisers will provide spinning bikes with normal pedals.
- Participants must wear appropriate athletic attire, including sports shoes, and bring their own towels.

#### 2.4. Safety Guidelines:

- Participants are encouraged to stay hydrated and take breaks as needed.
- All participants must adhere to safety guidelines and always follow the instructions of event officials.

#### 2.5. Distance Measurement:

- Distance will be tracked using the digital displays on the spinning bikes.
- Only the official distance displayed on the bike will be considered for the competition.

#### 2.6. Conduct:

- Participants are expected to exhibit sportsmanship and respect towards all competitors and officials.
- Any form of misconduct may result in the team's disqualification.

#### 2.7. Official Decisions:

- All decisions made by the event officials are final and binding. Appeals will not be accepted.
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### **General Notes**

- Participants are responsible for ensuring that they are physically fit to compete in their chosen sports matches.
- Everyone participating in this tournament shall agree to indemnify and hold harmless the Organisers, Papago, Real Sporting Pte. Ltd. and Abvolution Wellness from any claims for personal injury, financial loss, death, or property damage arising out of or in any manner resulting from participation in, postponement or cancellation of said tournament. Any medical or hospitalisation expenses incurred by a player will be the player's responsibility.
- The organiser has the final right to interpret the final arrangement of the competition system, rules, and venues, and reserve the right to make adjustments.
- Please arrive at least 30 minutes before the start time of your sports matches for registration and warm-up.

We wish all participants the best of luck and encourage everyone to display a positive spirit of competition.