

AY2024-25 HoPE Programme Schedule - Graduate Certificate in HoPE

TOPICS		LECTURERS	Online Date and Time	F2F @ LKCMedicine Novena Campus Date and Time
	Orientation/Welcome			Orientation 29 July 2024 2pm to 4pm LKCMedicine Clinical Sciences Building, Level 7, Seminar Room 7-2
MD6101 Foundations of Palliative Medicine				
UNIT 1: Principles Of Palliative Care				
	Overview of Palliative Care & Evolving Role of Palliative Care			
1.1	Palliative Care: History, Philosophy, and Challenges	Dr Wu Huei Yaw	Week #1	
1.2	Overview of Clinical Course in Life-limiting Illnesses (Cancer and Non-cancer) and Access to Palliative Care	Dr Poi Choo Hwee	Week #1	
	Overview of Current Disease-modifying Therapies of Advanced Cancer			
1.3	Role of Chemotherapy and Immune System Modulatory Therapies	A/Prof Simon Ong Yew Kuang	Week #1	
1.4	Role of Radiotherapy and Radiopharmaceuticals	Dr Timothy Cheo Song Tao	Week #1	
1.5	Palliative Surgery Oncology - A New Paradigm of Care	Dr Claramae Chia Shulyn	Week #2	
1.6	Role of Hepatopancreatobiliary (HPB) Surgery in Advanced HPB-Related Cancers	Dr Terence Huey Cheong Wei	Week #2	
1.7	Role of Spinal Surgery	Dr Jacob Oh Yoong Leong	Week #2	
1.8	Role of Orthopaedic Surgery	Dr Lester Chan Wai Mon	Week #2	
1.9	Role of Head and Neck Surgery	Dr Lim Ming Yann	Week #2	
1.10	Role of Interventional Radiology (IR) Treatment in Palliation of Symptoms	Dr Pua Uei	Week #2	
UNIT 2: Symptoms In Palliative Care				
	Pain			
2.1	Pain Assessment	Dr Allyn Hum	Week #3	
2.2	Pain Management – Analgesic Ladder, Clinical Therapeutics, Introduction to Common Analgesics (Non-opioids, Opioids and Adjuvants)	Dr Allyn Hum	Week #3	

TOPICS		LECTURERS	Online Date and Time	F2F @ LKC Medicine Novena Campus Date and Time
2.3	Pharmacology of Common Analgesics Used in Palliative Settings	Ms Christina JY Tan	Week #3	
		Ms Lee Hwei Khien		
2.4	Neuropathic Pain and Management Strategies	Dr Allyn Hum	Week #3	
2.5a	Role of Anaesthetic Interventions in Palliation of Pain	Dr Terence Quek	Week #3	
2.5b	Role of Interventional Radiology (IR) in Palliation of Pain	Dr Pua Uei	Week #3	
Respiratory symptoms & disorders				
2.6	Dyspnoea, Cough, Haemoptysis, Secretions and Other Respiratory Symptoms	Dr Chiam Zi Yan	Week #4	
Neurological symptoms & disorders (other than neuropathic pain)				
2.7	Delirium	Dr Mervyn Koh	Week #4	
2.8	Brain and Meningeal Metastases	Dr Marysol Dalisay-Gallardo	Week #4	
	Online Tutorial		Online Tutorial 1 (5.25hrs) Week #4 29 Aug 2024 12.45pm to 6pm ZOOM	
Gastrointestinal symptoms & disorders				
2.9	Nausea, Vomiting, Early Satiety and Abdominal Distension	Dr Jennifer Guan Huey Chen	Week #5	
2.10	Dysphagia, Dyspepsia, Aspiration and Hiccups	Dr Heng Xiaowei	Week #5	
2.11	Diarrhoea and Constipation in Palliative Care	Dr Ang Shih-ling	Week #5	
2.12	Ascites and Hepatobiliary-related Symptoms	Dr Brandon Nah Chung Yau	Week #5	
2.13	Intestinal Obstruction	Dr Lynn Wiryasaputra	Week #5	
Head and neck cancer symptoms & disorders				
2.14	Otorhinolaryngological Symptoms including Oral Symptoms, Speech, Swallowing & Airway Compromise	Dr Lim Ming Yann	Week #6	
Constitutional symptoms				
2.15	Anorexia Cachexia Syndrome	Dr Laurence Tan Lean Chin	Week #6	
2.16	Fatigue and Asthenia	Dr Goh Wen Yang	Week #6	

TOPICS		LECTURERS	Online Date and Time	F2F @ LKC Medicine Novena Campus Date and Time
	Mid-Term Assessment (Main) - 40% Unit 1 - 2 20 MCQs 40 minutes			Mid-Term Assessment (Main) Week #7 19 Sep 2024 10am to 10.40am LKC Medicine Clinical Sciences Building, Level 5, Learning Studio
UNIT 3: Palliative Care For Non-Cancer Illnesses				
Advanced Dementia & Frailty				
3.1	Role of Palliative Care in Advanced Dementia - Introduction, Principles of Management	Dr Allyn Hum	Week #8	
3.2	Behavioural Challenges and Management in Advanced Dementia	Dr Noorhazlina	Week #8	
3.3	Role of Palliative Care in Advanced Frailty - Introduction, Pathophysiology, Principles of Management	Dr Goh Wenyang	Week #8	
Advanced Heart Failure				
3.4	Role of Palliative Care in Advanced Heart Failure and Management Strategies - Introduction, Pathophysiology, Principles of Management	Dr Aw Chia Hui	Week #8	
Advanced Renal Failure				
3.5	Role of Palliative Care in Advanced Renal Failure and Management Strategies - Introduction, Pathophysiology, Principles of Management	Dr Lee Guozhang	Week #8	
Advanced Lung Failure				
3.6	Role of Palliative Care in Advanced Chronic Obstructive Pulmonary Disease (COPD) and Management Strategies - Introduction, Pathophysiology, Principles of Management	Dr Chiam Zi Yan	Week #9	

TOPICS		LECTURERS	Online Date and Time	F2F @ LKC Medicine Novena Campus Date and Time
Advanced Liver Failure				
3.7	Role of Palliative Care in Advanced Liver Failure and Management Strategies - Introduction, Pathophysiology, Principles of Management	Dr Chia Siew Chin	Week #9	
UNIT 4: Palliative Care Emergencies I				
4.1	Malignant Spinal Cord Compression (MSCC) and Introduction to Management Strategies	Dr Yee Choon Meng	Week #9	
4.2	Bleeding in Palliative Care and Introduction to Management Strategies	Dr Ong Yew-Jin Joseph	Week #9	
4.3	Humoral Hypercalcemia of Malignancy - Introduction to Management Strategies	APN Chia Gerk Sin	Week #9	
	Online Tutorial		Online Tutorial 2 (5.25hrs) Week #9 26 Sep 2024 12.45pm to 6pm ZOOM	
4.4	Seizures and Status Epilepticus and Introduction to Management Strategies	Dr Lionel See Kee Yon	Week #10	
4.5	Superior Vena Cava Obstruction and Cancer Venous Thromboembolism - Introduction to Management Strategies	Dr Lee Chung Seng	Week #10	
4.6	Dyspnoea Crisis and Airway Obstruction and Introduction to Management Strategies	Dr Tricia Yung	Week #10	
4.7	Neutropenic Sepsis and Tumor Lysis Syndrome and Introduction to Management Strategies	Dr Ong Kiat Hoe	Week #10	

TOPICS		LECTURERS	Online Date and Time	F2F @ LKCMedicine Novena Campus Date and Time
	Mid-Term Assessment (Supplementary) Unit 1 - 2 20 MCQs 40 minutes			Mid-Term Assessment (Supplementary) Week #10 10 Oct 2024 10am to 10.40am LKCMedicine HQ Building, Level 2, Seminar Room
	Onsite Workshop Pain Interventions (AM) + Non-cancer and Palliative Emergencies (PM)			Onsite Workshop (9.5h) Week #11 16 Oct 2024 8am to 6.30pm LKCMedicine HQ Building, Level 2, Seminar Room
	Final Examination (Main) - 60% Unit 2-4 30 MCQs 1 hour			Final Examination (Main) Week #13 1 Nov 2024 10am to 11am LKCMedicine Clinical Sciences Building, Level 7, Seminar Room 7-2
	Final Examination (Supplementary) Unit 2-4 30 MCQs 1 hour			Final Examination (Supplementary) Week#16 21 Nov 2024 4.30pm to 5.30pm LKCMedicine HQ Building, Level 2, Seminar Room

MD6102 Foundations of Psychosocial Care and Thanatology

UNIT 1: Psychological Health And Medical Humanities

1.1	Psychological Aspects in End-Of-Life	Dr Lim Wen Phei,	Week #1	
		Dr Lee Xin Er		
1.2	Anxiety and Depression in Life-Limiting Illness	Dr Kwan Yunxin,	Week #1	
		Dr Tang Hui Kheng		
1.3	Basic Clinical Assessments in Suicide and Desire for Hastened Death	Dr Kwan Yun Xin,	Week #1	
		Dr Tang Hui Kheng		

TOPICS		LECTURERS	Online Date and Time	F2F @ LKCMedicine Novena Campus Date and Time
1.4	Beyond illness: Psychosocial aspects of transitioning from acute illness to survivorship	Mr Ng Yong Hao	Week #1	
UNIT 2: Social Aspect Of Care				
2.1	Social Assessment with BPSS framework	Ms Candice Tan	Week #2	
2.2	The Social Worker's Role and Focus in Palliative, End-of-Life and Terminal Care	Ms Chee Wai Yee	Week #2	
2.3	Ethical Dilemmas in Social Work Practice	Mr Ng Yong Hao	Week #2	
2.4	Models of intervention and assessment by social workers	Ms Koh Tang En	Week #2	
2.5	Care co-ordination and case management	Ms Chee Wai Yee	Week #3	
2.6	Life Span Approach to Family Focus Care	Ms Peh Cheng Wan	Week #3	
2.7	Supporting the Family and Significant Others as Care Partners	Ms Peh Cheng Wan	Week #3	
2.8	The Use of Volunteers in Palliative Care (basic: working with volunteers)	Ms Peh Cheng Wan	Week #3	
	Online Tutorial		Online Tutorial 1 (4hrs) Week #4 5 Dec 2024 2pm to 6pm ZOOM	
UNIT 3: Spirituality And Hope In Palliative Care				
3.1	Existentialism, life-meaning & purpose	Dr Andy Ho	Week #5	
3.2	Attitude towards life & attainment of life goals	Dr Andy Ho	Week #5	
3.3	Multi-cultural diversity and religious perspectives in human spiritual endowment	Ms Jayne Chiara Leong	Week #5	
3.4	Spiritually-informed cultural norms and religious practices in palliative care	Ms Jayne Chiara Leong	Week #5	
UNIT 4: Grief And Bereavement				
4.1	Loss, Grief and Bereavement: An Overview	Ms Gillian Ong	Week #6	
4.2	Change, Transition and Loss	Ms Gillian Ong	Week #6	

TOPICS		LECTURERS	Online Date and Time	F2F @ LKC Medicine Novena Campus Date and Time
4.3	Managing Grief around Death	Ms Gillian Ong	Week #6	
4.4	Non-Death Loss and Grief: Context and Clinical Implications	Dr Andy Ho	Week #6	
4.5	Therapeutic Modalities in Loss and Grief	Dr Gilbert Fan	Week #6	
4.6	Grief Counseling and Support: Creative Responses to Loss and Grief	Dr Gilbert Fan	Week #7	
4.7	Systemic and Meaning Reconstruction Perspectives on Grief and Loss	Dr Gilbert Fan	Week #7	
4.8	Overviews of Complicated Bereavement	Mr Ng Yong Hao	Week #7	
4.9	Traumatic, Violent and Horrendous Deaths	Dr Andy Ho	Week #7	
4.10	Prolonged Grief Disorder: Assessment and Intervention	Dr Lim Wen Phei	Week #7	
		Dr Lee Xin Er		
Mid-Term Assessment Due Date - 10% Discussion Board Posting - 1st post by 8 Jan 2025 - 2nd post by 10 Jan 2025			Mid-Term Assessment Due Date Week #7, 8 Jan 2025	
UNIT 5: Dignity And Compassion In Palliative Care				
5.1	Dignity and Humanity	Dr Paul Victor Patinadan	Week #8	
5.2	The Foundation of Dignity-Conserving Care	Dr Paul Victor Patinadan	Week #8	
5.3	Dignity in the Asian Context	Dr Paul Victor Patinadan	Week #8	
5.4	Evolutionary origins and roots of compassion	Dr Andy Ho	Week #8	
5.5	Compassionate Care for the dying and bereaved	Dr Andy Ho	Week #8	
5.6	The intersection of compassion, loss and grief	Dr Andy Ho	Week #8	
	Online Tutorial		Online Tutorial 2 (4hrs) Week #9 23 Jan 2025 2pm to 6pm ZOOM	

TOPICS		LECTURERS	Online Date and Time	F2F @ LKC Medicine Novena Campus Date and Time
UNIT 6: Thanatology				
6.1	Cultural Perspectives in Thanatology	Dr Andy Ho	Week #10	
6.2	Social and Political Discourse in Thanatology	Dr Andy Ho	Week #10	
6.3	Diversity and Social Justice Issues in Death, Dying and Bereavement	Ms Geraldine Tan-Ho	Week #10	
6.4	Death Education and Innovations	Ms Geraldine Tan-Ho	Week #10	
	Onsite Workshop			Onsite Workshop (7.5h) Week #11 6 Feb 2025 9am to 5.30pm LKC Medicine Clinical Sciences Building, Level 7, Seminar Room 7-2
	Course Assessment Due Date - 30% Evidence-based Reflective Essay		Course Assessment Due Date Week #12 14 Feb 2025	
	Final Examination (Main) - 60% 30 MCQs 1 hour			Final Examination (Main) Week #13 20 Feb 2025 10am to 11am LKC Medicine Clinical Sciences Building, Level 5, Learning Studio
	Final Examination (Supplementary) 30 MCQs 1 hour			Final Examination (Supplementary) Week #16 13 Mar 2025 10am to 11am LKC Medicine HQ Building, Level 2, Seminar Room
MD6103 Foundations of Palliative Care in Practice				
UNIT 1: Caring In Place				
1.1	Principles of Palliative Care	Dr Laurence Tan	Week #1	

TOPICS		LECTURERS	Online Date and Time	F2F @ LKC Medicine Novena Campus Date and Time
1.2	Palliative care delivery: Sites and models of care	Dr Laurence Tan	Week #1	
1.3	Management of palliative care needs and Care of the Dying Patient	Dr Laurence Tan	Week #1	
1.4	Palliative care at home: Unique perspective and challenges	Dr Yee Choon Meng	Week #1	
UNIT 2: Decision-Making At The End-Of-Life				
Goals of Care Discussion				
2.1	Overview of Advance Care Planning (ACP)	Dr Adeline Lam	Week #2	
2.2	Role of Decision-Making Tools at the End-of-Life (General and Disease Specific ACP)	Dr Adeline Lam	Week #2	
UNIT 3: Ethics In Palliative Practice				
3.1	Common Frameworks in Ethical Analysis	Dr Neo Han Yee	Week #2	
UNIT 4: Communication In Palliative Care				
Basics of Communication				
4.1	Goal and purpose of communication	Dr Joseph Ong	Week #3	
4.2	Microskills in good communication	Dr Tricia Yung	Week #3	
4.3	Empathetic communication	Dr Tricia Yung	Week #3	
4.4	Approach to speaking to patients and family	Dr Joseph Ong	Week #4	
4.5	Interdisciplinary communication	Dr Chia Siew Chin	Week #4	
4.6	Self-awareness: How to handle your own emotions	Dr Chia Siew Chin	Week #4	
	Onsite Workshop CLEAR (AM) + Communications (PM)			Onsite Workshop (7.5h) Week #5, 3 Apr 2025 9am to 5.30pm LKC Medicine HQ Building, Level 2, Seminar Room
UNIT 5: Nursing Care In Advanced Illnesses				
Care of the Dependent Patient				
5.1	Oral Health in Palliative Care Patients	APN Lee Jing Ru	Week #5	
5.2	Personal Hygiene and Grooming Support in relation to body image and dignity in Palliative Care Patients	APN Lee Jing Ru	Week #5	

TOPICS		LECTURERS	Online Date and Time	F2F @ LKC Medicine Novena Campus Date and Time
Management of Wounds in Life Limiting Illness				
5.3	Principles of wound management in palliative care	SNC Goh Cheng Cheng	Week #6	
Supporting Individuals with Continence Related Issues and Drainage Systems				
5.4	Nursing management of patients with continence related issues	APN Ng Wan Ru	Week #6	
5.5	Nursing management of various drainage systems - NGJ, IDC, PCN, PTC, pleural drains, flexiseal and abdominal drains	APN Ng Wan Ru	Week #6	
Safe Feeding and Nutritional Needs				
5.6	Swallowing test, safe feeding techniques and consistencies of food	Ms Yong Xing Tong	Week #7	
5.7	Nutrition supplements and food options for patients with anorexia and cachexia	Ms Teresa Ng Hui Xian	Week #7	
Drug administration in Palliative Care				
5.8	Management of patient on subcutaneous infusion / injection and infusion pump	APN Sylvia Lee	Week #7	
5.9	Transdermal, intrathecal, sublingual, rectal drug administration	APN Sylvia Lee	Week #7	
Care of the Dying Patient				
5.10	Care in the Final Hours	Dr Chia Siew Chin	Week #7	
	Online Tutorial Case studies (nursing, PC in different places etc)		Online Tutorial 1 (4hrs) Week #7 17 Apr 2025 2pm to 6pm ZOOM	
	Mid-Term Assessment Due Date Group Assignment (videos on communications)		Mid-Term Assessment Due Date Week #8 24 Apr 2025	
UNIT 6: Rehabilitation And Expressive Arts Therapy Interventions In Palliative Care				
6.1	Rehabilitation and Expressive Arts Therapy Interventions in Palliative Care	Ms Grace Sim	Week #8	
6.2	Goal Setting in Therapy	Ms Roxanne Foo	Week #8	

TOPICS		LECTURERS	Online Date and Time	F2F @ LKC Medicine Novena Campus Date and Time
6.3	Symptom and Safety Considerations for Therapy and Rehabilitation	Ms Roxanne Foo	Week #8	
Profession Specific Practice in Palliative Care				
6.4	Speech Therapy in Palliative Care	Ms Yong Xing Tong	Week #9	
6.5	Physiotherapy in Palliative Care	Ms Chia Huey Yen	Week #9	
6.6	Occupational Therapy in Palliative Care	Ms Celine Yun Lee Yong	Week #9	
6.7	Music Therapy in Palliative Care	Ms Tammy Lim	Week #10	
6.8	Art Therapy in Palliative Care	Ms Gillian Ong	Week #10	
			Online Tutorial 2 (4hrs) Week #10 8 May 2025 2pm to 6pm ZOOM	
UNIT 7: Paediatrics				
7.1	Introduction to Paediatric Palliative Care	Dr Chong Poh Heng	Week #11	
	Final Examination (Main) - 60% 30 MCQs 1 hour			Final Examination (Main) Week#13 29 May 2025 10am to 11am LKC Medicine HQ Building, Level 2, Seminar Room
	Final Examination (Supplementary) 30 MCQs 1 hour			Final Examination (Supplementary) Week#16 19 Jun 2025 10am to 11am LKC Medicine Clinical Sciences Building, Level 7, Seminar Room 7-2

Updated as of 10 September 2024. Information provided above is correct at the point of publishing and is subjected to changes.

Important Notes

1. All lectures are conducted online and are available at the start of the programme.
2. The Mid-term Assessments (MCQ) and Final Examinations (MCQ), onsite tutorials and workshops are conducted in-person on LKCMedicine Novena Campus.
3. There will be a Main and a Supplementary Paper for each MCQ Assessments. Students are required to attempt the Main Papers for all MCQ Assessments.
4. All students should plan your schedules and commitments around the schedule of the HoPE programme. Any request for leave from the Main Paper would need to be supported with documentary proof e.g., MC, letter from employer etc. Those with valid reasons and supporting documents/proofs will be given due consideration to attempt for the Supplementary Paper. The supporting documents have to be submitted in advance before the Main Paper.
5. Students who failed a course are given a chance to attempt the Final Examination Supplementary Paper for the course.