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Physical Education and Sports Science Email: ssm@nie.edu.sg

SPORT SCIENCE & MANAGEMENT SS3320 APPLIED SPORTS INJURIES

Academic Year	2025-26 Semester 2
Course Coordinator	
Course Code	SS3320
Course Title	Applied Sports Injuries
Pre-requisites	-
No of AUs	3
Contact Hours	39

Course Aims

This course is designed to apply knowledge on sports injuries to various contexts of practice. The course will be built upon basic knowledge and understanding of anatomy, biomechanics and fundamental aspects of sports injuries. You will learn the skills of elastic wrapping, sports taping, kinesiotaping, and sports massage. Theoretical and applied aspects of the principles of sports injury rehabilitation and return to play will also be covered, followed by a field visit to a sports physiotherapy and rehabilitation centre. The course will also include youth and female gender-specific physical and physiological attributes, injury risks and epidemiology in these sporting populations. Learning the strategies of injury prevention and related research methods will also be a part of the course. In addition, the course will include topics on the science and applications of popular products like running shoes, foam rolling and compression garments and their potential use for injury prevention and athletic performance. This course will provide a strong foundation on applied aspects of sports injuries, and the learning from this course can be translated into various contexts like training and competitions, exercise prescription, high-performance training, strength training and conditioning, fitness development, recovery and fatigue management, coaching and athlete development, sports injury rehabilitation, and development and evaluation of injury prevention programmes.

Intended Learning Outcomes (ILO)

By the end of this course, you should be able to:

- 1. demonstrate the skills and techniques, indications and contraindications, and effects of elastic wrapping, rigid taping, kinesiotaping and sports massage and associate this learning with the functional anatomy and injury mechanisms.
- describe the principles of rehabilitation of sports injuries, articulate the stages of rehabilitation and specific approaches to rehabilitation in each stage, explain the concepts and principles of preventive measures for sports injuries, and demonstrate the application of basic statistical methods in sports injury epidemiology.



- 3. describe the specific characteristics of growing athletes, the related risks, mechanisms and types of sports injuries in this population.
- 4. describe the specific characteristics and female gender-specific biological attributes and the related risks, mechanisms and types of sports injuries in this population.
- 5. analyse and apply the science underlying products like running shoes, foam rolling and compression garments and explain their application for injury prevention, athletic performance and recovery.

Course Content

The following topics will be covered:

- 1. Elastic wrapping for primary care of sports injuries
- 2. Rigid taping techniques for sports injuries
- 3. Kinesiotaping techniques for sports injuries
- 4. Sports massage- types and techniques
- 5. Sports injury rehabilitation and return to sport
- 6. Field-visit to physiotherapy and rehabilitation department of a tertiary care hospital
- 7. Injuries in the growing athlete
- 8. Injuries in the female athlete
- 9. Sports injury prevention: methods and strategies
- 10. Research methods in sports injury epidemiology
- 11. Science of a running shoe: evidence analysis and practice recommendations
- 12. Science of compression garments: evidence analysis and practice recommendations
- 13. Science of self-myofascial release using foam rolling: evidence analysis and practice recommendations

NTU Competencies & Graduate Attributes

NTU Competencies

Character	
Competence	
Cognitive agility	\checkmark

NTU Graduate Attributes

Graduate Attributes	Level (i.e., basic, intermediate, advanced)
1. Critical Thinking	Advanced
2. Care for Society	Intermediate
3. Collaboration	Advanced
4. Global Perspective	Intermediate
5. Problem-solving	Advanced

Component	ILO Tested	Weighting	Team/ Individual	Assessment Rubrics
1. Poster Presentation	1-5	20%	Individual	Appendix 1
2. Group report (assignment)	1-5	30%	Team	Appendix 2
3. Final Examination	1-5	50%	Individual	
Total	•	100%		•

Formative Feedback

The lectures will involve 'Blended learning' and 'Team-based Learning' approach. You will receive prompt feedback on learning based on the performance in the knowledge and application readiness exercises and classroom discussions. The feedback will facilitate content learning and retention, its utility and application in practice, and positively impact competencies like collaboration, teamwork, cognitive agility, and knowledge construction.

During the applied learning sessions, the feedback on learning and skill development will be verbally provided, facilitating the development of knowledge transfer skills into different sports and training contexts and developing problem-solving and decision-making competencies of applying yourselves to solve the problems related to the injury 'riskmechanism-incident-outcome' continuum during different contexts in sport.

Following the poster presentation, you will be individually provided with verbal feedback pertaining to your assessed performance based on the rubric. There will also be some feedback on the group's performance. Generic verbal feedback will be provided on the written assignment. Lastly, generic written feedback will be provided to the class on the examination performance.

Throughout the course, you will have the opportunity to use various interactive smartscreen technologies, software, videos and apps to promote immersive learning of the content. This will include 3D apps and software on human anatomy, functional anatomy apps with self-paced learning and quizzes, and sports injury-related apps to facilitate out-of-class learning and application. You will also be experiencing real-time injury case presentations to develop real-world connections and the skills of applying the learning into practice. Throughout the course, you will receive frequent verbal feedback on your progress gaps in learning and conceptual understanding, and suggestions will be provided to improve applied skills.

Learning a	ind Teac	hing Ap	proach

Approach	How does this approach support you in achieving the learning outcomes?
Lectures	All classroom-based lectures will involve blended learning-based, interactive, and reflective discussions on different topics and essentially focus on the applied translation of the content into different contexts. You shall be required to come to the classroom with some preparedness beforehand. You will actively participate in classroom discussions and present your stand on the topic being discussed. This is intended to promote content learning and retention, skills to critique and peer-review, facilitate knowledge analysis and decision making

	and hone your problem-solving skills. You will receive frequent feedback on perceptions, gaps in content knowledge and theory- practice transfer skills. You shall also receive frequent feedback and support on key learning concepts and theories to support you understanding of key concepts and their applications in practice.	
Practical and workshops	 The practical and workshop sessions will: Give real-time experiential learning to support key theories and information provided in class Provide tasks for you to utilise the learned content knowledge and skills to solve specific problems Develop an understanding of the science of common consumer sports products and skills in using them Give space and time for small group activities and discussions to allow you to assimilate the content and for sharing learning Allow opportunity for verbal feedback from the instructor to you on learning and demonstration of the techniques and skills. 	
Online learning	The course will adopt a blended learning approach. Time will be given for learning from pre-recorded lectures, reading materials and online resources as a part of the flipped teaching approach. These materials will support key concepts covered in lectures and practica sessions.	

Reading and References

NIE Research and Publications

- 1. Lau, R., Mukherjee, S. (2023). Effectiveness of overuse injury prevention programs on upper extremity performance in overhead youth athletes: A systematic review. Sports Medicine and Health Science, 5, 91-100.
- Lau, R., & Mukherjee, S. (2022). Prevalence rates of shoulder and elbow overuse injuries among competitive overhead youth athletes in Singapore population. Orthopaedic Journal of Sports Medicine. doi: https://doi.org/10.1177/23259671231156199.
- 3. Mukherjee, S., Fok, R.J, & van Mechelen, W. (2022). Electrical muscle stimulation and strength gains in healthy adults: a systematic review. Journal of Strength and Conditioning Research. 37 (4): 938-950.
- 4. Sim, A, & Mukherjee, S. (2021). Potential Low Energy Availability (LEA) Risk Amongst Amateur and Recreational Athletes in Singapore. Physical Activity and Health. 5(1), 166-177. DOI: https://doi.org/10.5334/paah.120
- Mukherjee, S., & Liew, Y.H. (2019). Effects of Compression Garments on Skeletal Muscle Physiology, Performance and Recovery in Young Healthy Adults: A Systematic Review. Sports and Exercise Medicine Open Journal, 5(1), 11-17. DOI: 10.17140/SEMOJ-5-169

- 6. Mukherjee, S., Lye, C.T.J, Leong, H.F. (2017). Fundamental motor skill proficiency of 6-to 9-year old Singaporean children. Perceptual and Motor Skills. 124 (3), 584-600. DOI: 10.1177/0031512517703005
- Mukherjee, S. (2016). Sports injuries in youth athletes: the past and present continuous concern. Sports and Exercise Medicine- Open Journal. Editorial, SE (2), Se1-Se4. http://dx.doi.org/10.17140/SEMOJ-SE-2-e001
- Mukherjee, S., Chand, V., Wong, X.X., Choong, P.P., Lau, V. S. M., Wang, S.C.L., Tou, N.X., & Ng, K.W. (2016). Perceptions, awareness and knowledge of the female athlete triad amongst coaches- are we meeting the expectations for athlete safety? International Journal of Sports Science and Coaching. 11 (4), 545-551. DOI: 10.1177/1747954116654781
- 9. Mukherjee, S. (2015). Retrospective designs in sports injury surveillance studies: all is not lost. Sports and Exercise Medicine- Open Journal. 1 (5), 164-166.
- Mukherjee, S. (2015). Sports injuries in university physical education teacher education students: a prospective epidemiological investigation. Jacobs Journal of Sports Medicine. 2 (1), 1-8.
- Mukherjee, S. (2014). Exercise prescription. In Papaioannou A, Hackfort D (Eds). Routledge Companion to Sports and Exercise Psychology. Global Perspectives and Fundamental Concepts (pp 739-768). Psychology Press, Taylor & Francis Group, New York.
- Mukherjee, S., Leong, H.F., Chen, S., Foo, Y. X.W., Pek, H.K. (2014). Injuries in competitive Dragon Boating. Orthopaedic Journal of Sports Medicine. 2 (11), doi:10.1177/2325967114554550. eCollection 2014.
- 13. Mukherjee, S. (2013). Traumatic upper limb injuries during the field hockey Junior World Cup 2009. Research in Sports Medicine. 21, 318-329.
- 14. Mukherjee, S. (2012). Head and face injuries during the men's field hockey Junior World Cup 2009. The American Journal of Sports Medicine. 40 (3), 686-690.

Other Readings and References

- 15. Peterson, L., & Renstrom, P. (2016). Sports Injuries- Prevention and Treatment (4th Edition). CRC Press. Taylor and Francis Group. Core text.
- 16. Frontera, W.R. (2003). Rehabilitation of Sports Injuries: Scientific Basis. Blackwell Science.
- 17. Denegar, C.R., Saliba, E., & Saliba, S. (2010). Therapeutic Modalities for Musculoskeletal Injuries. Human Kinetics.
- 18. Hutson, M., & Speed, C. (2011). Sports Injuries. Oxford University Press.
- 19. Verhagen E., & van Mechelen W. (2010). Sports Injury Research. Oxford Scholarship Online.

- 20. Hohmann, E., Reaburn, P., & Imhoff, A. (2012). Runner's knowledge of their foot type: Do they really know? The Foot. 22:205-210
- Richards, C.E., Magin, P.J., & Callister, R. (2009). Is your prescription for distance running shoes evidence-based? British Journal of Sports Medicine.43:159–162. doi:10.1136/bjsm.2008.046680
- 22. Bonacci, J., Saunders, P.U., Hicks, A. et a. (2013). Running in a minimalist and lightweight shoe is not the same as running barefoot: a biomechanical study. British Journal of Sports Medicine. 47(6):387-92. doi: 10.1136/bjsports-2012-091837
- Coetzee, D.R., Albertus, Y., Tam, N., & Tucker, R. (2018). Conceptualising minimalist footwear: an objective definition, Journal of Sports Sciences, 36:8, 949-954, DOI: 10.1080/02640414.2017.1346816
- 24. Xiong, Y., & Tao, X. (2018). Compression Garments for Medical Therapy and Sports. Polymers. 10, 663; doi:10.3390/polym10060663
- Hill J., Howaston, G., Someren, K,V,. et al. (2014). Compression garments and recovery from exercise-induced muscle damage: a meta-analysis. British Journal of Sports Medicine. 48(18):1340-6. doi: 10.1136/bjsports-2013-092456
- 26. Wiewelhove, T., Döweling, A., Schnieder, C., et al. (2019). A Meta-Analysis of the Effects of Foam Rolling on Performance and Recovery. Frontiers in Physiology. 10:376. doi: 10.3389/fphys.2019.00376
- 27. Hendricks, S., Hill, H., Hollander, S. N., et al. (2020). Effects of foam rolling on performance and recovery: A systematic review of the literature to guide practitioners on the use of foam rolling. Journal of Bodywork and Movement Therapies. 24(2):151-174. doi: 10.1016/j.jbmt.2019.10.019
- 28. Cheatham, S.W., Kolber, M.J., Cain, M., & Lee M. (2015). The effects of selfmyofascial release using a foam roll or roller massager on joint range of motion, muscle recovery, and performance: a systematic review. The International Journal of Sports Physical Therapy. 10 (6): 827-838

Course Policies and Student Responsibilities

(1) General

You are expected to complete all assigned pre-class readings and activities, attend all classes – lecture and laboratory – punctually, submit all scheduled assignments and take tests by due dates. You are not allowed to swap laboratory groups without express permission from the course coordinator. You are expected to take responsibility to follow up with course notes, assignments and course related announcements for sessions they have missed. You are expected to participate in all discussions and class activities unless there is a valid medical reason not to do so.

(2) Absenteeism

Absence from class without a valid reason will affect your overall course grade. Valid reasons include falling sick, supported by a medical certificate and participation in NTU's approved activities supported by an excuse letter from the relevant bodies.

If you miss a lecture, you must inform the course instructor via email prior to the start of the class.

(3) Absence Due to Medical or Other Reasons

If you are sick and not able to complete a test or submit an assignment, you have to submit the original Medical Certificate (or another relevant document) to the Sport Science & Management (or Home School) administration to obtain official leave. Without this, the missed assessment component will not be counted towards the final grade. There are no make-ups allowed.

(4) Attire and safety

You are expected to participate in practical laboratory activities. Some of these activities involve exercise. You are expected to wear appropriate attire for participation, obey laboratory safety rules, and take appropriate care of and return all equipment after use.

Academic Integrity

Good academic work depends on honesty and ethical behaviour. The quality of your work as a student relies on adhering to the principles of academic integrity and to the NTU Honour Code, a set of values shared by the whole university community. Truth, Trust and Justice are at the core of NTU's shared values.

As a student, it is important that you recognise your responsibilities in understanding and applying the principles of academic integrity in all the work you do at NTU. Not knowing what is involved in maintaining academic integrity does not excuse academic dishonesty. You need to actively equip yourself with strategies to avoid all forms of academic dishonesty, including plagiarism, academic fraud, collusion, and cheating. If you are uncertain of the definitions of any of these terms, you should go to the <u>NTU Student</u> <u>Academic Integrity Policy and Procedures link</u> in the Student Portal for more information. Consult your instructor(s) if you need any clarification about the requirements of academic integrity in the course.

Special note: Generative AI tools will be allowed to the extent stipulated for each assignment in the assignment instructions, and any such use must be duly referenced or disclosed.

Course Instructors

Instructor	Office Location	Phone	Email
ТВА			

Planned	Planned Weekly Schedule			
Week	Topic	ILO	Readings/ Activities	
1	Course Overview • Safety aspects related to the course Wrapping techniques • Basics of elastic bandage • Indications of wrapping • Preparation of parts and guidelines • Wrapping techniques of commonly injured joints	1	Activity: Workshop on elastic wrapping Ref 1, Ch 2, 5; Ref 2, Part 2, Ch 3 & 4; Ref 3, Ch 3; Learning videos	
2	Taping techniques: Rigid tape • Basics of non-elastic adhesive tapes • Indications and contraindications of taping • Preparation of parts • Guidelines for tape application • Taping for common sports injuries	1	Activity: Workshop on rigid taping Ref 1, Ch 2, 5; Ref 2, Part 2, Ch 3 & 4; Ref 3, Ch 3; Learning videos	
3	Kinesiotaping in sports • Structural properties of kinesiotape • Basics of kinesiotape application • Preparation of parts • Guidelines for kinesiotape application • Kinesiotaping techniques for common sports injuries	1	Activity: Workshop on Kinesiotaping Ref 1, Ch 2, 5; Ref 2, Part 2, Ch 3 & 4; Ref 3, Ch 3; Learning videos	
4	Sports massage •Introduction to sports massage •Indications and contraindications of sports massage • Scientific evidence on the effects of sports massage • Description, demonstration and practice of common massage techniques in sports	 Scientific evidence on the effects of sports massage Description, demonstration and practice of common massage techniques in sports 	Activity: Workshop on Sports massage Ref 1, Ch 2, 5; Ref 2, Part 2, Ch 3 & 4; Ref 3, Ch 3;	
5	Principles of rehabilitation of sports injuries	2	Lesson type: lecture	

	Thoropoutio modelition		Dof 1 Ch 2 8 9: Dof 2
	Sports-specific recovery and return to sport		Part 2: Ch 3,4 & 5, Part 4: Ch 10-14; Ref 3, Ch 3, Ch 7-12; Ref 4, Section 2, Ch 2.8; Ref 7, 12-16
6	Field Visit to Sports Physiotherapy and Rehab Centre in a tertiary care hospital	2	Lesson type: Practical (experiential and immersive)
7	The growing athlete •Introduction •Characteristics of the musculoskeletal system in children and growing athlete •Epidemiology of youth sport injuries •Growth-related risk factors •Intrinsic risk factors •Extrinsic risk factors •Extrinsic risk factors •Injury characteristics •Classification of injuries in children •Common injuries •Overuse injuries •Prevention of injuries	3	Lesson type: Lecture Chapter XX, Pages XX-XX Lesson type: Lecture Ref 1, Ch 23; Ref 4, Section 4, Ch 4.2; Ref 5, 10, 15 & 16
	R	Recess Week	
8	The Female athlete – •Gender-specific attributes in female athletes •Common musculoskeletal injuries in female athletes •Eating disorders in female athletes •The Female Athlete Triad •Low energy availability and Relative Energy Deficiency in Sport (RED- S)		Lesson type: Lecture Ref 4, Section 4, Ch 4.3; Ref 8 & 11
9	Sports injury prevention methods and strategies • Models of sports injury prevention • Severity criteria for sports injuries • Risk factors and etiology of sports injuries	2	Lesson type: Lecture Ref 1, Ch 3; Ref 4, Section 1, Ch 1.10 Ref 5; Ref 12-16

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	Research methods in sports injury epidemiology • Defining a sports injury • Sports injury reporting methodology • Injury incidence and incidence rates • Time of risk exposure estimation • Odds ratio and risk estimates		
10	Science of a running shoe and evidence analysis • Anatomy of a running shoe • Advantages and disadvantages of a running shoe • Different foot types and their motion characteristics • Finding the right fit for the feet • Biomechanics of bare feet running • The minimalistic shoe – characteristics and the existing evidence • Recommendations to the user	5	Lesson type: Lecture: 30% Practical: 70% Ref 1, Ch 4; Ref 17-20
11	Science of compression garments and evidence analysis • Construction characteristics of compression garments • Evidence related to the effects of compression garments on performance and recovery • Evidence related to the effects of compression garments on injury prevention • Critical analysis of the existing literature • Recommendations to the user	5	Lesson type: Lecture: 40% Practical: 60% Ref 9, 21, 22
12	Science of self-myofascial release and foam rolling • Anatomical and physiological characteristics of fascia	5	Lesson type: Lecture: 20% Practical: 80% Ref 23-25

	 Effects of different forms of exercise on fascial morphology and function Science and techniques of self-myofascial release Construction characteristics of foam rollers Evidence related to the effects of foam rolling on performance and recovery Evidence related to effects of foam rolling on injury prevention Critical analysis of the existing literature Recommendations to the user 	
13	Poster presentation	1, 2, 3, 4, 5

Appendix 1: Assessment Criteria for Poster Presentation (20% Final Grade) – marked out of 100)

	A+, A, A-	B+, B	B-, C+, C	D+, D	F
Quality of	Information	Information	There are	Much of the	Little
presentation	provided	mostly	weaknesses	information	relevant
(max 25)	clearly	answers the	or absences	provided	information
	answers the	question set.	in the	does not	and unclear
	question set	Presentation	information	answer the	flow.
	out.	is mostly	provided,	question,	
	Presentation	clear and the	and the flow	and the flow	
	is clear and	flow	of	is difficult to	
	the flow is	generally	presentation	understand.	
	coherent	coherent	is unclear at		
	and logical.	and logical.	times.		
	Pace is				
–	appropriate.				
Demonstrati	Able to	Good	Clear but	Poor	Unable to
on of	clearly	demonstratio	basic	demonstratio	demonstrate
material	demonstrate	n and	demonstratio	n and weak	or explain
(max 40)	thoroughly	explanation	n and	explanation	skeletal
	avalain		of cholotal		muscle
	skeletal	movements		movements	associated
	muscle	associated	movements	associated	with sport
	movements	with sport	associated	with sport	and
	associated	and	with sport	and	exercise
	with sport	exercise.	and	exercise.	Unable to
	and	Able to	exercise.	Has difficulty	answer
	exercise.	answer most	Able to	answering	questions.
	Able to	of the	answer	questions	•
	answer	questions	some of the	and lacks	
	questions in	clearly and	questions	confidence.	
	a poised and	with	clearly but		
	articulate	confidence.	lacks		
	manner with		confidence		
	a high level		at times.		
	of				
	confidence.		<u> </u>	1.111 6	
USE OT	USES	Good use of	Some use of	LITTIE USE OF	ino clear use
technology	relevant			relevant	01 taabnalaay
(max 10)		(INCI. AI/GAI			
	(IIICI. AI/GAI	improve the	help improve	tools) in the	(INCI. AI/GAI
	well to	nresentation	the	nresentation	nresentation
	supplement	presentation.	nresentation	presentation.	presentation.
	and enhance				
	the quality of				
	presentation				
Communicat	Communicat	Communicat	Communicat	Communicat	Communicat
ion and	ion is very	ion is clear	ion is	ion is	ion is
audience	clear and	and easy to	unclear at	unclear and	unclear and
engagement	easy to	understand	times. There	there and	not possible

Engages time. and interacts Demonstrate effort to engage and interact with the some effort to engage and interact with audience in a proactive and interact with the engage and interact with the and with the engage and interact with the engage and interact with the engage and interact with the engage and engage a	manner. audience the audience.	(max 25)	understand. Engages and interacts with the audience in a proactive and persuasive manner.	most of the time. Demonstrate s some effort to engage and interact with the audience	is minimal effort to engage and interact with the audience.	difficult to understand. There is no notable effort to engage and interact with the audience.	to understand. There is no effort to engage and interact with the audience.
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Appendix 2: Assessment Criteria for Group Work/Report (30% Final Grade – marked out of 100)

	A+, A, A-	B+, B	B-, C+, C	D+, D	F
Team:	Clear	Good	Obvious	Team	Poor
Groupwork	teamwork,	teamwork	improvement	members	teamwork
and data	planning and	and	s needed in	working in	with little or
collection*	group	cohesion, but	teamwork	small cliques	no
(max 15)	cohesion with	improvement	and	with	cooperation
	appropriate	needed in the	cooperation	infrequent	among group
	division of	planning of	of members	whole group	members
	work by each	roles by	to improve	cooperation.	during data
	member of	group	data		collection
	the group	members for	collection.		processes.
	contributing	data			
	to the	collection.			
	successful				
	collection of				
	data.				
Introduction	Information	Information	Information	Much of the	There is little
(max 20)	provided	provided is	provided	information	relevant
	clearly	mostly clear,	lacks	provided	information
	presents the	and	adequate	lacks clarity,	and unclear
	significance	significance	clarity and	and the	flow. The
	of the topic	of the topic is	significance	significance	premise is
	and is	highlighted.	of the topic	of the topic is	unclear, and
	supported by	The focus is	vaguely	not well-	there is no
	statistics.	clearly	presented.	established.	clarity on the
	The premise	presented.	The focus is	The focus	focus of the
	and the focus	Organisation	not	lacks clarity,	paper. There
	is clear.	and	adequately	and there is a	is a total lack
	Organisation	presentation	clear.	lack of clarity	of clarity with
	and	orthe	Organisation	with respect	respect to the
	presentation	argument is	and	to the	organisation
	or the	generally well	presentation	organisation	and
	argument is	outlined and	or the	and	presentation
		implemented.		presentation	orgument
	and clearly			orgument	argument.
	implemented		implemented	argument.	
Research	Research	Research	Some of the	Most	Almost all
(max 30)	selected is	selected is	research	research	research is
(credible	largely	selected is	selected is	from non-
	highly	credible.	not from	not credible	credible
	relevant to	relevant to	credible	and has	sources. No
	the	the argument	sources and.	minimal	relevance to
	argument.	and	at times.	relevance to	the
	and	presented	irrelevant to	the	argument.
	presented	clearly. The	the	argument.	Methods are
	accurately	methods.	argument.	Methods lack	not clear, and
	and	results and	Methods lack	clarity, and	findings and
	completely.	implications	adequate	findings and	implications
	The method	are clearly	clarity, and	implications	are vaque

	results, and implications are all presented accurately. Relationship between research and theory is clearly and accurately articulated.	presented. Relationship between research and theory is clearly articulated.	findings and implications are sometimes vaguely presented. Articulation of the relationship between research and theory at times lacks clarity.	are vaguely presented. Relationship between research and theory is unclear.	and irrelevant. Either inaccurate or no attempt has been made to establish the relationship between research and theory.
Conclusion (max 15)	Conclusion is clearly stated, and connections to the research and position are clear and relevant. The underlying logic is explicit.	Conclusion is clearly stated with some connections to the research and position. The underlying logic is largely clear.	Conclusion is stated with some connections to the research and position. The underlying logic is barely clear.	Conclusion is stated with minimal connections to the research and position. The underlying logic is not very clear.	Conclusion is stated with no connections to the research and position. The underlying logic is vague.
Writing (max 20)	Paper is coherently organised, and the logic is easy to follow. There are no spelling or grammatical errors, and terminology is fully and clearly defined. Writing is clear, concise and persuasive.	Paper is largely well- organised, and most of the argument is easy to follow. There are only a few minor spelling or grammatical errors. Some of the terms are not clearly defined. Writing is mostly clear but, at times, lacks conciseness.	Paper is generally well organised, but the argument is sometimes difficult to follow. There are a number of minor spelling or grammatical errors. Many terms are not clearly defined. Writing is, at times, unclear and lacks conciseness.	Paper is not well organised, and the argument is difficult to understand. Parts are poorly connected. There are many minor spelling or grammatical errors, and most terms are not clearly defined. Writing mostly lacks clarity and conciseness.	Paper is poorly organised and difficult to read and understand. Parts are disconnected . There are several spelling and/or grammatical errors; Most terms are not clearly or correctly defined. Writing lacks clarity and conciseness.